



# *Fairland News*

No. 509

December 2011/January 2012



Fairland United Reformed Church  
Wymondham

**Fairland United Reformed Church  
Wymondham**

**Named Person**      Revd Alison Davis  
The Manse  
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Tel (01953) 609971

**Church Secretary** Mrs Jennifer Shakesby  
'The Pedlars'  
38 Bentley Road  
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Tel (01953) 788983

**Treasurer**            Mr John Butcher  
176 The Avenues  
Norwich      NR4 7DR  
Tel (01603) 457861

**Asst Treasurer**      Mrs Jill Brown  
78 Norwich Road  
Wymondham    NR18 0SZ  
Tel (01953) 603979

**Bookings for**        Mrs Jill Brown  
**Fairland Hall and**  
**Fairland Church Centre**

**Services** are held every Sunday at 10.30 am  
The Service includes **Holy Communion** on the first Sunday of  
the month

This month's Minister's Letter is written by Revd Alison Davis:

Friends,

We shared together a good induction service on Friday night. It was great to see so many in Princes Street to induct and welcome Geoff and Linda. Thank you to everyone who made the service what it was and to all those involved in the catering afterwards. There was a welcoming friendly atmosphere for the whole evening.

In his sermon, Revd Nigel Uden made reference to affirmation, exhortation and anticipation exploring each one with reference to scripture and living the Christian life. The whole service was affirming for everyone there I hope, particularly for Geoff as he and Linda come amongst us.

Exhortation and anticipation fit well into the Advent season which is upon us. Exhortation to be the people God created us to be, in God's image as we prepare for the coming of Jesus. Anticipation, we wait for the birth of our Saviour at Christmas and look forward to getting to know Geoff better and sharing his wisdom and knowledge. The Moderator also made comments about expecting great things now that we have three stipendiary ministers!!

It was good to hear as well that Wroxham & Hoveton can now proceed to the next stage with their new building as they have received a £70,000 grant from Synod. Great things indeed.

Advent, a time of preparation, of exhortation and waiting with anticipation for God, yet it is also one of the busiest times of the year. This year with the current economic situation it will be a fraught time for many as austerity strikes home. Yet this is an opportunity for all of us to show that Advent and Christmas are about so much more than spending extravagantly, over eating and drinking. These seasons of the year are life affirming as we prepare for and then celebrate the coming of God as a human being in love, a child born outside marriage, on the fringe of society.

On behalf of the Team a wondrous Christmas and a Happy New Year.

Alison

## Communion Collections

The Communion Collections for **November and December** will be in aid of the **East Anglian Air Ambulance**.



This charity is independent of Government and National Lottery funding and is entirely dependent on fund-raising and contributions.

The EAAA is especially needed in East Anglia as the region covers a large area, much of it rural. With more than 5,000 sq miles, or 11% of the total area of England, it contains some of its most isolated terrain. making it sometimes difficult for land ambulances to reach the scene of accidents and emergencies quickly.

To keep its two air ambulances flying, and to provide the advanced medical equipment they carry, over £4 million per year has to be raised.

[More information about this charity can be found at [www.eaaa.org.uk](http://www.eaaa.org.uk)]

\* \* \* \* \*

The charity chosen for **January and February** is **Good Work**.

Throughout Norfolk from King's Lynn to Great Yarmouth, there is a small group of clergy who provide a vital frontline work of supporting people in their working lives in times of need.

The largest chaplaincy organisation in Norfolk is Good Work (formerly the Norfolk and Waveney Industrial Mission).

The role of the Good Work chaplains is to give comfort and support to anyone in need of support when they have problems or concerns in their life, whether physical, emotional, financial or related to work, family or other relationships.

The charity currently has four chaplains and operates ecumenically.

[More information can be found on [www.networknorwich.co.uk](http://www.networknorwich.co.uk)]

## **November First Friday Lunch**

A record number of 42 people attended this lunch and a profit of £80.25 was made. Thanks go to Jennifer and the team for all their hard work.

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## **Operation Christmas Child Shoe Box Appeal for 2011**



We would like to say a big Thank You to everybody who filled and gave us shoe boxes and items for the shoe boxes. It was so very kind and generous of you all.

The total we passed to Norwich warehouse was over 1,400. We are over the moon with this result.

We would like to say a really BIG THANK YOU to Bartrams of Wymondham and Hethersett. Without their help we could never have reached this amount.

Please accept this as a personal Thank You.

Wendy and Howard Richter

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## **FREEWILL OFFERTORY ENVELOPES 2012**

Envelopes for 2012 will be available at the back of the church at the beginning of December. If you would like to join this scheme, please see Netta Darkins.

All that is required is a regular commitment to put your weekly collection in the special envelopes, whether you are able to attend church or not. The scheme is completely confidential and is of great help to the church to know that a regular sum of money can be relied upon as income each week.

Netta

## NORWICH FOOD BANK ESTABLISHES DISTRIBUTION CENTRE IN WYMONDHAM

Norwich Foodbank in liaison with Wymondham Rotary Club and local churches has established a new distribution centre in Wymondham which will open on the 12th December, 2011, based at Wymondham Baptist Church.

Distribution of food to recipients who will have been given a voucher from an accredited agency or person will be between 2-15 p.m. and 3-45 p.m.

A local support group has been established and as well as providing the distribution service for those in food crisis will arrange to collect food from local donors as well as organising collections from the public at local supermarkets.

Members of Fairland URC have been involved in the local development and will staff the first opening session and in future cover the second Monday of each month sharing the rota with other churches, Wymondham Rotary and Carousel (lady rotarians).

We would welcome more volunteers and the role is, with two other people, taking responsibility for the issuing of the food and ensuring simple records are kept. If you would like to join a rota of Fairland URC volunteers please contact Trevor (01953 851796) and if we are able to recruit six volunteers it means each person would be required every other month, second Monday, for one and a half hours.

The Christian crisis food charity Norwich Foodbank is one of over 100 such organisations in the UK. As well as distributing food to those in need it also collects donations of food from individuals, organisations, businesses and holds regular events at local supermarkets enabling shoppers to donate food in their own locality. We are hoping shortly to do this in Wymondham and surrounding areas.

The collection of food within Fairland Church from our members has been very successful and we thank you for your generosity and look forward to your continued support.

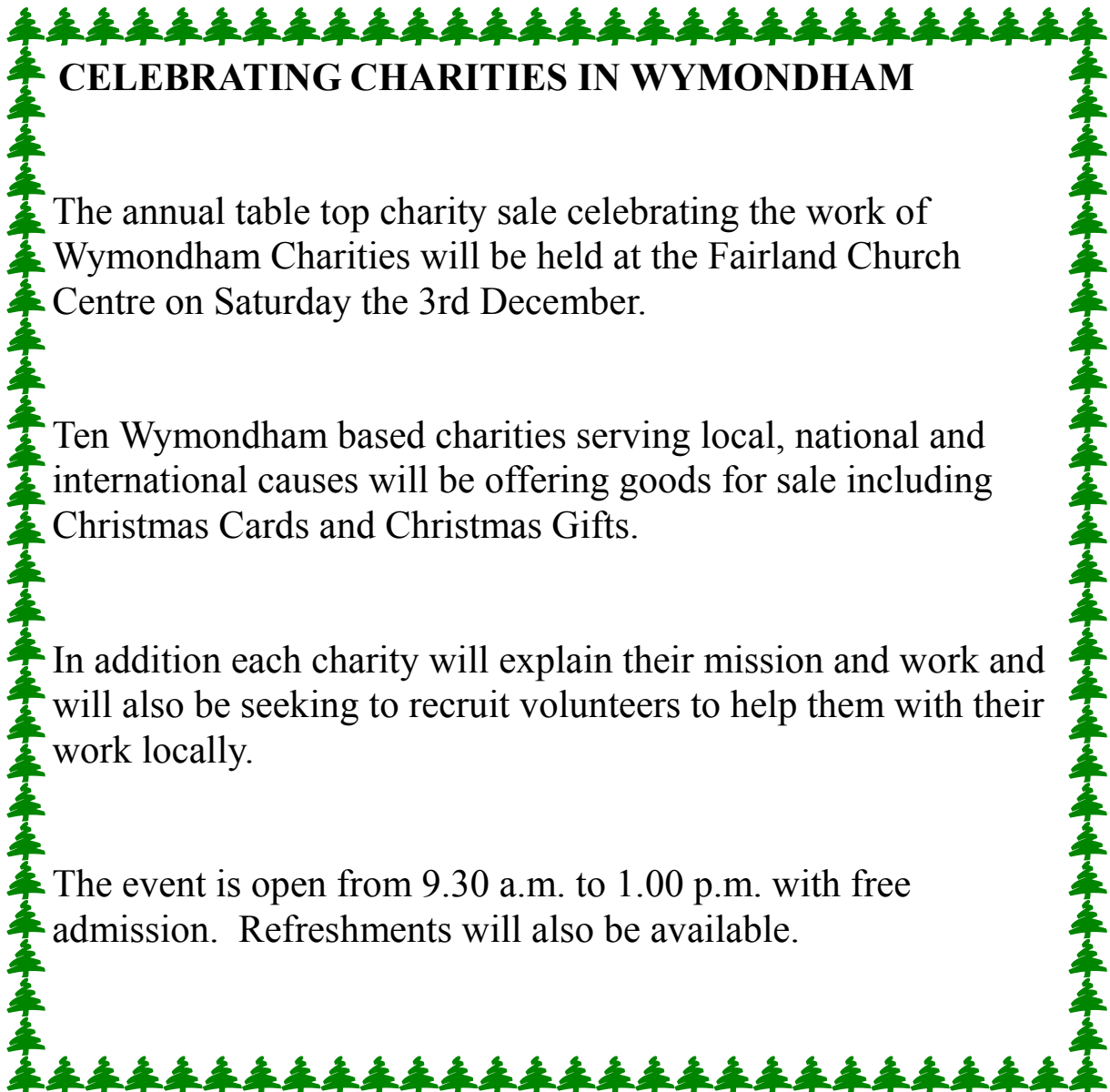
In all foodbanks when a volunteer gives a person a supply of food they are asked to give them a leaflet which explains simply the ethos of Foodbank and its founding Christian charity, The Trussell Trust.

On this leaflet these words are written:-

We believe that you matter to God and that He loves you and cares about your situation

The Lord bless you and keep you, the Lord make his face shine upon you and be gracious to you

\*\*\*\*\*



**CELEBRATING CHARITIES IN WYMONDHAM**

The annual table top charity sale celebrating the work of Wymondham Charities will be held at the Fairland Church Centre on Saturday the 3rd December.

Ten Wymondham based charities serving local, national and international causes will be offering goods for sale including Christmas Cards and Christmas Gifts.

In addition each charity will explain their mission and work and will also be seeking to recruit volunteers to help them with their work locally.

The event is open from 9.30 a.m. to 1.00 p.m. with free admission. Refreshments will also be available.

**Flower Rota  
December / January**

4 December	Sheila Eaglen
11 December	Edith Childerhouse
18 December	Patricia Lithgow
25 December	No Service
1 January	Edith Childerhouse
8 January	Betty McKechnie
15 January	Sheila Eaglen
22 January	Vacant
29 January	Vacant

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You are reminded that the 2012 Rota is available on the notice board.

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Gifts of flowers from the Communion Table have been given to:  
Angela Butcher; Ann Curtis (daughter of Evelyn Thompson);

17 Millway  
Wymondham

A very big thank-you for the beautiful flowers that Netta delivered for Spencer on the Glen Lodge meal day. They have given us both much pleasure and although slightly reduced in size they are still brightening up the room.

Daphne

A 'Thank You' card has been received with the following message:

Thank you very much for the lovely flowers. They really have brightened my lounge.

What a lovely thought from you.

Ann Curtis (Evelyn's daughter)

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## Communal Christmas Card



At our last Church Meeting it was decided to support Great Ormond Street Hospital with our communal Christmas Card.

A letter we received from this charity reads:

'As the festive season approaches, families start to prepare for the holidays. Yet for many children this time will be spent in hospital. This can be very difficult for our patients and their families who are not only having to cope with their illness but are also away from home and their wider family and friends.

This year, as a continuing supporter of Great Ormond Street Hospital Children's Charity, we thought you might like to send festive wishes to the children, families and staff at Great Ormond Street Hospital. This can be done by using the enclosed poster, with each person giving a donation to write a message on a sticker.

Your donations could help us buy the latest specialist equipment, fund research, assist with our redevelopment and provide accommodation for families, to enable them to stay near their sick child.'

If you would like to support this, please write on the stickers your messages to **those in the hospital** and/or to your **Fairland Church friends** and make a donation.

The plant stall and the cake stall were very busy when the doors opened at 10am.



Jennifer and David had lots of bargains on their Gifts and Toiletries stall



....and it was lovely to see grandchildren as customers .....

..... and helpers !



## Autumn Fair

Thanks to everyone who made this a very successful fund-raising event - with special thanks to Elizabeth who master-minded it all. We had a good crowd of customers and there was a very friendly atmosphere throughout the morning.

Thanks also to all the shops and businesses who supported the fair:

'Eat Natural'	Wymondham Garden Centre
Peter Beales	Wymondham Market Stalls:
Thorncroft Nursery	(sweets, household, pet, cakes,
Clements	dried fruits, plants, fruit and veg)
Merv's	Jarrolds
Simply Cards	Present Time
Old Beams	Woodbines
Mr Fothergills	Geo Reeves
Myhills	Peter Parke

A grand total of **£774.70** was raised as follows:

Tombola	75.70
Groceries	101.77
Cakes	123.96
Plants	56.30
Raffle	57.00
Books	46.60
Gifts	84.10
Bric-a-Brac	76.00
Bowling Game	17.91
Refreshments	51.50
Cake	10.36
Donations	73.50

The 'Guess the weight of the Cake' competitions were won by Kathleen Crossman and Ann Scott  
... and the joint winners of the Bowling Game were Kenny Eaglen and Ann Scott

The following information is taken from a recent report written by Trevor Brown documenting the history of the Pabulum Café and recent developments, which will be of interest to readers of 'Fairland News'.

'In November, 2008, following a public meeting to consider the needs of those locally diagnosed with dementia and their carers a committee representing local organisations and churches was established called The Wymondham Pabulum Cafe Committee.

The objective was to establish a Pabulum Cafe in Wymondham modelled upon those recently established by AgeUK Norfolk in Norwich and Diss. The Pabulum Cafe concept being based upon 'Alzheimer Cafes' established in Holland by Dr Biere Miesen a Clinical Psychologist.

The Wymondham Pabulum Cafe opened in March 2009 with six persons with dementia and their carers attending. Our fund raising since the public meeting had been successful with grants from Norfolk Community Foundation; The Geoffrey Watling Charity; Wymondham Town Council other local organisations and the offer of free premises use for 6 months by Fairland United Reformed Church. Since that time we have opened every second and fourth Friday of each month.

The Cafe provides a meeting place where persons with dementia, their carers, family members and other interested parties (e.g. health and social care professionals) can come together and receive support, guidance and information in a relaxed and friendly atmosphere whilst enjoying refreshments and light lunches.

Activities include reminiscence sessions, various games, music, singing and quizzes. A carers group which lasts for 45 minutes is held at each cafe in a separate lounge and during this time the service users with dementia are supported by volunteers. We have found from feedback that the carers group is immensely important to them and they have explained that it has helped them share and overcome their feelings of isolation and powerlessness. Our membership is now twenty people with dementia each of whom attend with a carer. There is no complex referral system. People just turn up or may have been referred by a friend, GP or a professional worker.

Each cafe session is under the direction of a trained Co-ordinator employed by AgeUK Norfolk and seconded to Wymondham Dementia Support Group. She is supported by a team of eighteen volunteers all of whom have received a three day dementia awareness training course. Volunteers are vetted and accredited by AgeUK Norfolk who also undertake their CRB checks. Our partnership with AgeUK Norfolk has proved most helpful but it should be noted that all costs including management charges for the Co-ordinator's salary, volunteer recruitment, training and CRB costs are met by Wymondham Dementia SupportGroup

As our membership has increased we have consulted regularly with our service users as to how we might improve our response to their needs. One consistent request was to have the opportunity for singing and dancing, activities which were impractical in the cafe setting apart from short sing-song periods – we also recognised that such activities did not appeal to all. Therefore in March 2011 we opened a new venture called 'MUSICALITEA' for people with dementia and their carers which opens one afternoon per month and functions like a tea dance with live music. This has surpassed our expectations and brings much joy to participants and volunteers stimulating memory and providing healthy exercise.

We are now planning, at the request of service users, a new service focussing upon singing – we hope this will open early in 2012 – if successful this will mean we provide a distinct supportive activity each week of each month - Two Pabulum Cafes, Musicalitea and the proposed Singing session.

As our service and range of activities has developed we have now become a registered charity to enable us to embrace the range of needs we continue to observe and learn about. The Objective of the Charity is:-

To promote the well being and quality of life of people with dementia and their carers

Trevor Brown

Chair of Trustees

Wymondham Dementia Support Group

## An amazing 15ft knitted Christmas tree

made its first appearance in Norwich last year and this year will be on display in Harrogate as well as on home turf at the Catholic Cathedral in Norwich.



The idea for the project came from **Ann Meijer** whose daughter is a resident at **John Grooms Court**, a residential care home in Norwich for 20 young disabled adults. Hundreds of knitters from across Norfolk contributed knitted squares last year which form the tree and the decorations. The project has already raised thousands of pounds through donations and was displayed in the Forum in Norwich last year. This year the tree will be transported to Harrogate to the Knitting and Stitching Exhibition which runs from 24th to 27th November. A group of volunteer collectors will be on hand ready to talk to visitors about the making of the tree and about how John Grooms Court in Norwich will benefit from money raised. The tree will be displayed in **The Cathedral of St John The Baptist** on Earlam Road in Norwich. It can be seen there from **6th December until 8th January** by kind permission of Father James Walsh, the Cathedral Dean. The first day, 6th December, coincides with the Saint Nicholas Fair in the Narthex at the Cathedral where there will be

..... and more about knitting!

If you sometimes feel you would like to do some knitting, but have no-one to knit for, I am now involved with International Aid Trust .

Knit and Natter groups are continuing to spread and there are over 670 knitters. I don't belong to these groups, but know people who knit, as I do myself, and am delighted to have found a new place to take the finished garments, as the source I have always used can only take blankets. Jumpers etc we were told couldn't be taken in any longer, as too expensive to deliver overseas.

The Knit and Natter groups have now been offered a room at Christ Church Centre in Norwich (at the bottom of Constitution Hill). This has to be paid for, so they are always looking at ways to raise money.

People at International Aid Trust are very clear that everything is needed. However, it's worth remembering that more things are knitted for girls than for boys, and that generally there are fewer garments made in the bigger sizes. Also the children we knit for are generally much thinner than our own well-fed children in the UK. Make the garments a couple of inches longer in the body and sleeves. The centre has wool to buy which is much cheaper than in the shops.

If you are interested in helping, please do speak to me.

Ruth

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(taken from the IAT website at [www.internationalaidtrust.org.uk](http://www.internationalaidtrust.org.uk))

Since 1991, International Aid Trust has been taking Christian Compassion across our hurting world. Our projects include; Here in the UK Helping the needy by networking with other UK charities, which includes rehabilitation of offenders, retraining long term unemployed, supporting re housing programs, but much of our UK work is of a personal nature and therefore cannot be publicised. Overseas we have; self help schemes, rehabilitation of offenders, long term unemployed, humanitarian aid, drug and alcohol rehabs, child and family sponsorship programs, education, bible school, church and pastor support, help for orphanages, prison ministry, aids victim and hospital support and rescued street children's homes ministry.

## Meal at Glen Lodge

Twenty-one of us joined together for lunch out at Glen Lodge at the beginning of November. This was the first time Martin and I had joined the group and we were both very impressed with the location and the delicious carvery. There was lots of laughter around the tables and it was good to be eating a meal together without the thought of all the washing up and clearing away waiting for us!



We had a few minutes of ‘excitement’ when, just as we sat down with our main meal, the fire alarm went off. As we were sitting in the conservatory and were all very near an exit, we were reluctant to leave our meals straight away, but our waitress herded us out - apart from one of our party who said he would not leave his meal until he saw smoke! Thankfully, it was a false alarm and we were all able to take up our knives and forks again.

Although most of us felt full after the large main meal, once we were shown the dessert menu nearly all of us were tempted.

At the end of the meal, Trevor thanked Jennifer on behalf of everyone for arranging this outing. Roll on the next one!





# JIG-ATHON



Calling all Jigsaw fans

Come and enjoy completing jigsaws and at the same time raise money for Christian Aid and the Wroxham United Reformed Church Building Project.

Saturday 7th January 2012

Fairland Church Centre, Wymondham 9am-9pm

A group of us will be there all day but come and join us for whatever time you can spare, all ages welcome, children to be accompanied by an adult please.

Jigsaws will be a minimum of 500 pieces, all levels and shapes. We will be sponsored as a group per 500 pieces completed. Children's jigsaws will be counted per 100 pieces.

Interested in taking part?



Please contact Gillian Hall (01603 745713 or email [gh@cmp.uea.ac.uk](mailto:gh@cmp.uea.ac.uk))



## Preaching Plan December / January / February

4 December	Revd Ian Fosten
11 December	Mrs Brenda Kelsey
18 December	Revd Alison Davis
24 December (11.30pm)	Revd Alison Davis
25 December	No Service
1 January	Revd Alison Davis
8 January	Miss Gillian Hall
15 January	Mr Peter Fitches
22 January	Revd Bill Bazely
29 January	Revd Alison Davis
5 February	Mrs Wendy Gilbert

Advent Prayer (from Christian Aid website)

*God of hope,  
As we light the Advent candles in preparation  
for our celebration of the birth of your Son, may  
the fire of your love burn away the dusts of our  
complacency.  
May we be able to see the world as it really is and  
light anew the flame of our passion for justice.*

Linda Jones  
CAFOD

Items for inclusion in <b>February</b> newsletter (to be available on 29 January) should be given to Ann Scott by <b>22 January please.</b>
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**ALAN GREEN**  
**Handyman Service**  
 For all your DIY tasks  
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## **Dates for your Diaries**

*Details of these events can be found within the newsletter*

### **December**

1 December (2-4)	‘Musicalitea’ (Fairland Hall)
2 December (12.30pm)	Christmas Community Lunch
3 December (10-12.30)	Charity Table Top Sale (Church Centre)
5 December (7.30pm)	Meditation Group (Town Green Centre)
7 December (10am)	Midweek Service (Church Lounge)
9 December (10-2)	Pabulum Café (Church Centre)
12 December	Wymondham Food Bank opens
12 December (7-8.30pm)	‘Sacred Space’ (Church Centre)
16 December (3pm)	Singing Group Christmas Tea Party
19 December (7.30pm)	Meditation Group (Town Green Centre)
23 December (10-2)	Pabulum Café (Church Centre)

### **January**

2 January (7.30pm)	Meditation Group (Town Green Centre)
5 January (2-4)	‘Musicalitea’ (Fairland Hall)
6 January (12-1.30pm)	First Friday Lunch (Fairland Hall)
7 January (9am-9pm)	Jigathon (Church Centre)
9 January (7-8.30pm)	‘Sacred Space’ (Church Centre)
13 January (10-2)	Pabulum Café (Church Centre)
16 January (7.30pm)	Meditation Group (Town Green Centre)
20 January (12.30pm)	Community Lunch (Fairland Hall)
21 January	Revd Matt Stone’s wedding
27 January (10-2)	Pabulum Café (Church Centre)
27 January (6pm)	Ceilidh and Burns Supper (Princes St URC)
29 January	Church Meeting (after morning service)

**Sponsored and printed by R J Bartram & Son, Funeral  
Directors**

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