



# *Fairland News*

February/March 2020



Fairland United Reformed Church  
Wymondham

No. 565

**Fairland United Reformed Church  
Wymondham**

**Primary Minister**      Rev John Potter  
01603 504332  
revjohn4naurc@gmail.com

**Church Secretary**    Mrs Jennifer Shakesby  
01953 788983  
secretary@fairlandurc.org .uk

**Treasurer**             Mr John Butcher  
01603 457861  
jwbutcher@talktalk.net

**Asst Treasurer**        Mrs Jill Brown  
01953 603979  
jillbrown78@yahoo.co.uk

**Bookings for**            Mrs Jill Brown  
**Fairland Hall and**  
**Fairland Church Centre**

**Services** are held every Sunday at 10.30 am  
On the first Sunday of the month, the Service includes **Holy Communion**

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The following letter is written by Rev John Potter:

Dear friends

We have arrived in February, the shortest month of the year as the Gregorian calendar fits our days around the natural rhythms of nature and the earth's rotation and orbit. This year we even get an extra day, making 2020 a 'leap year'. Apparently, the term comes from the idea that after the 29th February, fixed dates, like Christmas Day, leap forward one day of the week. I wonder what you will do with that extra day? For most of us, I suspect that Saturday 29th will be much like any regular Saturday – watching the football, washing the car, doing the housework, maybe even stretching your legs on a park run. A day much like any other, but should it be? For some, just one extra day of life can be a very precious thing indeed, as there are occasions when just one more day could make all the difference. Maybe at the end of an outstanding holiday, or, more significantly, as a loved one fights for life.

The time we have is a precious gift from God - each and every moment full of possibility, some which turn out to be remarkable, although many are more ordinary. Just as one of my heroes, Winnie the Pooh, said to Piglet once; "What day is it?" asked Pooh. "It's today," squeaked Piglet. "My favourite day," said Pooh." (with thanks to AA Milne) and as another of my heroines, Maya Angelou wrote; "Be present in all things and thankful for all things."

In the Bible we read of Jesus pointing out the importance of living the present moment and each day to the full. I rather like the way that Eugene Peterson re-phrased Jesus' words recorded in Matthew 6: 34 (The Message) "Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes."

There may be surprises both good and bad to come, there may be joys and challenges ahead too. But I hope you make the best of each and every day – and I wonder what you will do with your 'extra' leap year day?

John

The following message has been received from Audrey Elliott of Ipswich Road URC:

An enormous thank you to all of those churches who have contributed to our Area Partnership's "Just One Drop" appeal to raise money for a drip irrigation scheme in Zimbabwe. Between us, we have raised the magnificent sum of £6821.34. This is now being sent to Zimbabwe.

We also had a response from the minister in Zimbabwe who is responsible for the Vimridge project on being told by Lindsey Brown from Synod that this was coming:

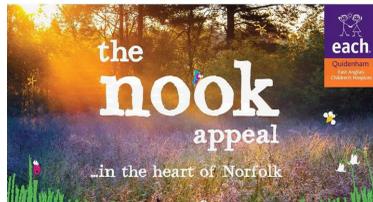
"thank you so much for being the bearer of such good news. You may be aware that we are experiencing yet another terrible drought so to receive news that our prayers for provision of means to manage and utilize the precious water available are being answered is a terrific phenomenon. Thank you and all the brothers and sisters in the Eastern Synod..... That amount of money will work wonders .....

Many thanks  
Audrey

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## Church Christmas Card

Thank you everyone who exchanged Christmas greetings in our communal Christmas Card and gave a donation to our chosen charity - 'the nook appeal'.



This charity is raising money for a new purpose-built hospice in the heart of Norfolk. Their vision is to transform children's palliative care in Norfolk and North Suffolk, replacing their current hospice in Quidenham.

A total of £78.85 was raised this year. Thank you.

## Communion Collections



The communion collections in **February** will be in aid of the **East Anglian Air Ambulance**

This vital service exists to save lives by delivering highly skilled doctors and critical care paramedics by air or car to seriously ill or injured people in the region. They are a life-saving charity that is only kept airborne thanks to its supporters.

In **March and April** we will be supporting the **Norfolk Accident Rescue Service** with our collections.

The Norfolk Accident Rescue Service went operational on 1st October 1970, with 71 General Practitioners participating, covering well over 80% of the County.

Its Constitution read “that the Service is for the provision in the geographical county of Norfolk and areas contiguous thereto of immediate medical treatment and care to persons in need by reason of accident or other emergency”.

Almost 50 years later, the NARS Constitution still contains the same statement. But much else has changed.

In the intervening years, new medical specialists were emerging: doctors with enhanced skills in pre-hospital medicine and immediate care; Critical Care Paramedics – paramedics who have undergone significant additional training to deal with the most serious, life-threatening injuries and illnesses.

This new breed of emergency practitioner was able to conduct advanced procedures at the scene, administer specialised pain relieving drugs and sedate patients when required.

NARS has developed ambitious plans to enable the continuous provision of the highest levels of care to those most in need.

All the members are volunteers and offer their services free of charge in their spare time. The organisation is funded solely by donations – the organisation receives no government or health service funding. Running costs need to be met, so the charity is in constant need of funds to keep operational.

The above information is taken from their website [www.nars.org.uk](http://www.nars.org.uk)

Their website adds: ‘... the goodwill of the people of Norfolk has kept us going for nearly fifty years and we hope that will continue into the future.’



## Flower Rota

2 February	Ruth Dunning
9 February	Evelyn Thompson
16 February	Roz Ross
23 February	Sheila Eaglen
1 March	Betty Browne
8 March	Anne Alston
15 March	Netta Darkins
22 March	Roz Ross (Mothering Sunday)
29 March	Jennifer Shakesby
5 April	Sheila Eaglen

If you can help by giving a donation or supplying flowers, there are vacant dates in April and May.

\* \* \* \* \*

The following friends have received gifts of flowers from the Communion Table:

Jim and Diane Mullins; Elizabeth Portsmouth; Fairland Court; Evelyn Thompson; Revd Pauline Rate, Jennifer Shakesby and Netta Darkins.

Evelyn Thompson would like to pass on her thanks to Netta for her visit and for the flowers from the Church. These were much appreciated.

She sends best wishes to all.

## Hymns no longer in Top Ten

In the June 2019 edition of 'Reform' there was an interesting article about how the choice of music for funerals has changed.

Co-op Funeralcare publishes an annual chart and, for the first time, there were no hymns in the top ten songs chosen for funerals in the UK last year.

There were newcomers in the chart, such as Ed Sheeran's 'Supermarket Flowers', along with more established favourites eg Frank Sinatra's 'My Way'.

'Angels' by Robbie Williams and 'Always Look on the Bright Side of Life' by Monty Python have places high in the chart, replacing 'The Lord is My Shepherd' and 'Abide with Me'.

There were also some very unusual songs requested. Can you guess any of the titles?

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### The Knots Prayer

Dear God:

Please untie the knots

that are in my mind, my heart and my life.

Remove the have nots, the can nots and the do nots

that I have in my mind.

Erase the will nots, may nots, might nots

that may find a home in my heart.

Release me from the could nots, would nots and should nots

that obstruct my life.

And most of all,

Dear God,

I ask that you remove from my mind,

my heart and my life all of the 'am nots'

that I have allowed to hold me back,

especially the thought that I am not good enough.

AMEN

(from the Women's World Day of Prayer website at [wwdp.org.uk](http://wwdp.org.uk))

## **A youth-led Escape Room is set to come to Norwich for one day only in February as part of the YMCA 175 Exhibition in the Castle Quarter.**

The national roadshow celebrating YMCA's history will be hosted in Norwich from February 10 to 13 and on Tuesday 11 it will include an escape room led by YMCA clients, recently hosted in Great Yarmouth's Tolhouse Gaol.

The escape room is part of a recent collaboration between YMCA Norfolk, Norfolk Museum Service and Kick the Dust, a programme funded by the National Lottery Heritage Fund which aims to transform how heritage organisations engage young people in the UK.

The initiative saw YMCA clients from Great Yarmouth develop and run two escape rooms in the town's oldest building, the Tolhouse Gaol (pictured above). This provided a fantastic setting for the themes of 'Smugglers' and 'Witchfinders' that the two rooms were based on. They were delivered by five YMCA clients, four of whom were acting in costume as part of the escape rooms, with one overseeing photography and social media coverage.

After their huge success, the partnership is taking its escape room to Norwich, located on the ground floor of Castle Quarter, 100 Castle Meadow, Norwich, NR1 3DD.

The 175 exhibition is a part of the YMCA Heritage and History Roadshow, celebrating the 175th anniversary of the YMCA by showcasing unique materials and untold stories from YMCA's history and heritage. In addition to the escape room, there will be a range of historic information and artwork on display depicting the evolution and global reach of YMCA over the past 175 years, along with interactive exhibits. The exhibition will be open from Monday February 10 till February 13 from 10am-4pm. YMCA Norfolk CEO Tim Sweeting said: "The YMCA has a rich and a varied history, and this exhibition will be a great opportunity to learn of some of its great achievements such as its work in two World Wars, creating the game of basketball and the remembrance poppy, and its work internationally as the largest youth movement and NGO in the world."

The escape room will be totally free to experience, with four slots available for advance booking at 12noon, 1pm, 2pm and 3pm. It is a timed escape room, where you will work as a team or independently to solve clues and puzzles in order to prove your innocence to the judge - and you have 45 mins to break free! It will be held in Castle Quarter, in the crazy football unit next to the YMCA shop across from the exhibition.

(article taken from Network Norwich website [www.networknorwich.co.uk](http://www.networknorwich.co.uk))

# Foodbank requests from Norwich Foodbank

## What do we need?

You can help local people in crisis by buying items from the shopping list below.

The **items in red** are those that we currently need the most. Thank you for helping your neighbour in crisis!

**N.B. We are currently very well stocked with baked beans, cereal, soup, pasta, baby food and feminine hygiene products, thank you.**

Shopping List:

- \* Long life milk
- \* Powdered milk
- \* Long life fruit juice
- \* Pasta Sauces - especially tomato-based (i.e. not curry sauces)
- \* Sponge Pudding (tinned / long life)
- \* Tinned custard
- \* Tomatoes (Tinned)
- \* Tinned Veg - especially carrots, sweetcorn and green beans
- \* Tinned potatoes
- \* Rice Pudding (Tinned)
- \* Tea Bags (40s and 80s)
- \* Instant coffee
- \* Instant mash potato
- \* Cereal / snack bars
- \* Tinned Meat e.g. ham, chicken in sauce, corned beef
- \* Tinned Fish
- \* Tinned Fruit
- \* Biscuits (sweet)
- \* Nappies - especially size 5 + 6
- \* Jam
- \* Peanut butter
- \* Sweets / bars of chocolate
- \* Petfood (dog and cat)
- \* Washing up liquid and sponges
- \* Soap powder / washing gel (small quantities)

Toiletries, including deodorants, shower gel, shampoo, toilet rolls, shaving gel / foam and razors etc.

Volunteers from our church help with Wymondham's Foodbank. Please continue to bring your donations to our church and they will be passed on. Thank you.

The next 'Fairland Flicks' presentations are:



**Wednesday 12th February at 1pm for 1.30pm**

## **'The Lion King'**

Starring Donald Glover, James Earl Jones and Beyonce

Disney's "The Lion King journeys to the African savanna where a future king is born. Simba idolizes his father, King Mufasa, and takes to heart his own royal destiny. But not everyone in the kingdom celebrates the new cub's arrival. Scar, Mufasa's brother—and former heir to the throne—has plans of his own. The battle for Pride Rock is ravaged with betrayal, tragedy and drama, ultimately resulting in Simba's exile. With help from a curious pair of newfound friends, Simba will have to figure out how to grow up and take back what is rightfully his.



**Wednesday 11th March at 1pm for 1.30pm**

## **'Downton Abbey'**

Starring Hugh Bonneville, Maggie Smith and Brendan Coyle

The beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the King and Queen of England will unleash scandal, romance and intrigue that will leave the future of Downton hanging in the balance. Written by series creator Julian Fellowes and starring the original cast.



**Refreshments served during the interval**

## February/March/April

2 February	Revd Martin Camroux (includes Holy Communion)
9 February	Mr Kevin Mannion
16 February	Rev John Potter
23 February	Mrs Angela Butcher
1 March	Mrs Wendy Gilbert (includes Holy Communion)
8 March	Mrs Jenny Poltock
15 March	Mr Peter Fitches (followed by Church Meeting)
22 March	Mr Keir Hounsoume (Mothering Sunday)
29 March	Rev John Potter (Joint Service with Methodists at Fairland Church)
5 April	Rev Robin Pagan (includes Holy Communion)

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To make you smile .....

The following statements about the Bible were (allegedly) written by children.  
The spelling has not been corrected:

1. Adam and Eve were created from an apple tree. Noah built an ark and the animals came on in pears. Noah's wife was called Joan of Arc.
2. Samson slayed the philistines with the axe of the apostles.
3. Moses led the Jews to the Red Sea where they made unleavened bread, which is bread without any ingredients.
4. The Egyptians were all drowned in the dessert. Afterwards Moses went to Mount Cyanide to get the ten amendments.
5. The first commandment was when Eve told Adam to eat the apple.
6. The seventh commandment is Thou shalt not admit adultery.
7. Solomon, one of David's sons, had 300 wives and 700 porcupines.
8. The people who followed the Lord were called the twelve decibels.

Submitted by Linda Trice (seen on the internet)

## Dates for your Diaries

*Details of these events can be found within the newsletter*

### February

3 February (10-12)	'Monday Monday' Café (Church Centre)
5 February (10am)	Discussion Group
7 February (10-1.30)	Pabulum Café (Church Centre)
10 February (10-12)	'Monday Monday' Café (Church Centre)
12 February (1 for 1.30)	Fairland Flicks 'The Lion King'
13 February (2.45)	Elders' Meeting
14 February (10-1.30)	Pabulum Café (Church Centre)
17 February (10-12)	'Monday Monday' Café (Church Centre)
19 February (10am)	Discussion Group
21 February (10-12.30)	Singing Café (Church Centre)
24 February (10-12)	'Monday Monday' Café (Church Centre)
26 February (10-12)	Monthly Coffee Morning (Church Centre)
27 February (10-1.30)	Pabulum Café (Church Centre)

### March

2 March (10-12)	'Monday Monday' Café (Church Centre)
4 March (10am)	Lent Discussion Group
6 March (10-1.30)	Pabulum Café (Church Centre)
9 March (10-12)	'Monday Monday' Café (Church Centre)
11 March (1 for 1.30)	Fairland Flicks 'Downton Abbey'
13 March (10-1.30)	Pabulum Café (Church Centre)
16 March (10-12)	'Monday Monday' Café (Church Centre)
18 March (10am)	Lent Discussion Group
20 March (10-12.30)	Singing Café (Church Centre)
23 March (10-12)	'Monday Monday' Café (Church Centre)
25 March (10-12)	Monthly Coffee Morning (Church Centre)
27 March (10-1.30)	Pabulum Café (Church Centre)
30 March (10-12)	'Monday Monday' Café (Church Centre)

### April

1 April (10am)	Lent Discussion Group
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Items for inclusion in **April/May** newsletter (to be available on 28 March) should be given to Ann Scott **by 23 March please.**